

# WINEPORT



## LODGE

### THE TREATMENT SUITE

#### MASSAGES

##### Swedish Back, Neck and Shoulder Massage (30 mins) €65

A traditional back massage using stimulating movements to help soothe tired aching muscles, leaving you relaxed and revived whilst easing muscle tension.

##### Hot Stone Massage Back Massage (30 mins) €75

A deeply soothing, light and pleasant treatment that performs important detoxifying, draining & relaxing actions due to the use of heated basalt stones. While also increasing the body's metabolism and relaxing the tissues.

##### Detox Warm Oil Back Massage (30 mins) €65

Indulge in this popular beneficial back massage treatment to help improve circulation and lymph drainage. VOYA's Angelicus Serratus warm body oil is massaged into the skin to help aid the elimination process of toxins.

##### The Tranquil Touch (30 mins) €65

A calming and therapeutic back massage. Using long soothing massage strokes and VOYA's Mindful Dreams Lavender body oil, together create a deep sense of relaxation which will help comfort both mind and body.

##### The Suite's Soothing Scalp Massage (30 mins) €55

Be ready to have all strains melt away with our destressing scalp massage treatment. Incorporating techniques to relieve tension of the neck, shoulders, head and scalp, this treatment is ideal for those who suffer from headaches, stress or simply a busy mind. It will leave you feeling recharged and energised with a new sense of clarity.

##### Rejuvenating Foot Massage (30 mins) €50

Feel lighter on the feet with our rejuvenating foot massage. Helping to soothe and induce deep relaxation, this treatment will relieve tired aching feet and have you floating out of the Treatment Room.

##### Maternity Back Massage (30 mins) €60

A gentle back massage tailored specifically for our Mum's to be, helping to ease aches and pains associated with pregnancy. Using VOYA's Mama Oil, for the prevention of stretch marks and optimum skin elasticity, skin will be deeply nourished and hydrated. (Suitable for all you mums to be, after your first trimester)

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#### VOYA BATH RETREATS

Relax in the privacy of your bedroom,  
while benefiting from the nutritious seaweed leaves of the Atlantic Ocean.

##### VOYA Lazy Bath €45

Immerse yourself into a relaxing candle lit bath prepared by one of our therapists. Enjoy the benefits of hand -harvested seaweed, from the unspoilt Atlantic coast of Ireland. A deeply detoxifying and moisturising bath, known to increase circulation, encourage cell renewal, relax muscles and combat ageing.

Also includes a glass of bubbly.

Alternatively, this can be ordered as a self-service option, whereby the seaweed and instructions will be in your room for you to use at your chosen time for just €25.

##### VOYA Organic Aromatherapy Bath €45

Our therapist will prepare you, a relaxing candle lit Aromatherapy bath in the comfort of your own room. A glorious aromatic bath infused with mandarin, lemon, lime, patchouli, clove and basil to uplift the mind and body.

Also includes a glass of bubbly.